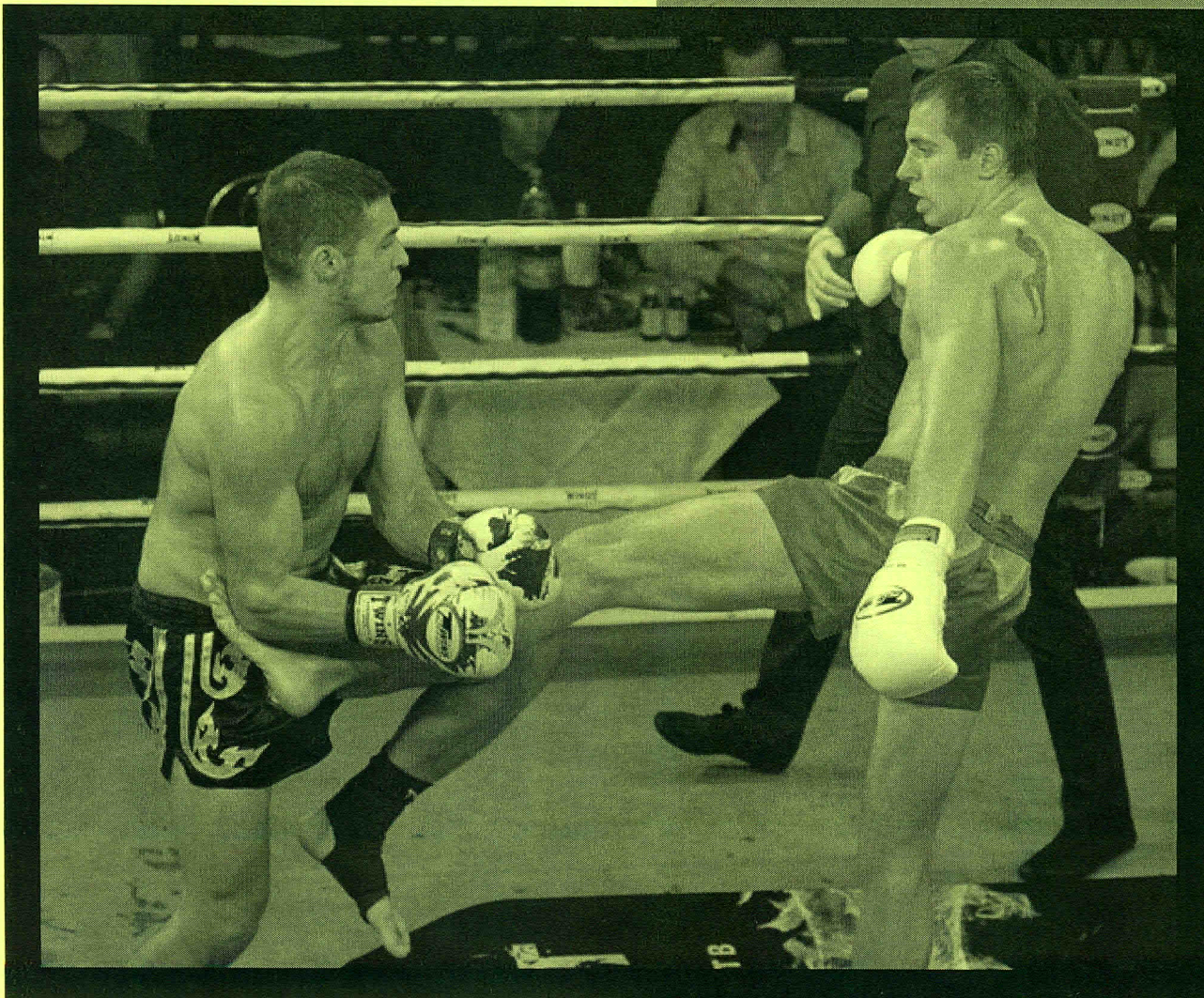


# MIXED MARTIAL ARTS

"No one has the  
right to beat you."

– Ronda Rousey





<b>MIXED MARTIAL ARTS</b>	
1. What do the letters UFC stand for?	Ultimate Fighting Championship
2. What is the lightest weight class in the UFC?	Flyweight
3. What is the only women's class?	Women's Bantamweight
4. In what decade did the UFC first hold competitions?	1990s
5. What heavyweight fighter held the record of 13 wins, 1 loss in 2013?	Cain Velasquez
6. How many sides are on the official UFC fight ring?	8 (eight)
7. What is the current maximum length of time that a UFC Championship fight can run?	25 minutes (in early years there was no time limit)
8. Before a time limit was set, the fight between Ken Shamrock and this fighter was declared a draw after 36 minutes.	Royce Gracie
9. What is the nickname for women's fighter Ronda Rousey?	"Rowdy"
10. What is the official name of the UFC ring?	"The Octagon"
11. Who holds the record of fastest UFC knock-out time against Jonathan Goulet in six seconds in UFC Fight Night three in 2006?	Duane "Bang" Ludwig
12. What is the nickname of former heavyweight champion Mark Coleman?	"The Hammer"
13. In what year did UFC 100 occur? (It was held in Las Vegas, Nevada.)	2009
14. What fighter hosted reality television show Bully Beatdown?	Jason "Mayhem" Miller

15. Who knocked out Paul Herrara with a unique yet effective series of elbow attacks in a UFC 8 match?	Gary Goodridge
16. The longest time to date for a knock out was 3 minutes, 9 seconds in round five of UFC 166, the fight between Cain Velasquez and what other fighter in 2013?	Junior dos Santos
17. Who knocked out Vitor Belfort with an unlikely front kick and punching combo at UFC 126, winning him the Middleweight title?	Anderson Silva
18. Who was tied with Gabriel Gonzaga for most wins (three) in the heavyweight class in 2013?	Travis Browne
19. Who was defeated by Lyoto Machida (both undefeated champions) for the light-heavyweight title at UFC 98?	Rashad Evans
20. Frank Mir held the record for most finishes (eleven) in the UFC. What fighter tied him in 2013 at UFC 166?	Gabriel Gonzaga
21. Californian fighter Scott Smith is also known by the nickname, "Hands of" what?	Steel
22. What fighter held the middleweight champion title in 2013 with a record of 11-0-0?	Chris Weidman
23. What welterweight vacated his title in December 2013, taking some indefinite time off from the sport?	George St. Pierre
24. Who became the youngest winner of the reality show, "the Ultimate Fighter", at 21 years old in 2013?	Kelvin Gastelum



25. What father and son went up against each other in the octagon, making history as the first to do so in 2013?	Randy (father) & Ryan (son) Couture
26. Who was the first female fighter to win a season of "the Ultimate Fighter"? (She won in season 18.)	Julianna Pena
27. What is the term for when a fighter taps the mat or his opponent, a signal for the referee to stop the match?	"Submission"
28. Biting, eye-gouging, and hair-pulling are all types of what?	Fouls
29. Who recovered quickly from a broken leg after a battle with Chris Weidman in UFC 168?	Anderson Silva
30. What television network FIRST aired UFC Fight Night?	Spike
31. Are UFC fighters allowed to wear pants?	No, only shorts approved by the organization
32. Which is heavier: bantamweight or welterweight?	Welterweight
33. In the UFC, what do the letters "WLD" refer to?	A fighter's statistics: wins, losses and draws
34. What flyweight champion became the youngest UFC champion in 2011 at the age of 23?	Demetrious Johnson
35. Name four of the at least 15 countries to have held UFC events?	USA, Canada, UK, Japan, China, Brazil, Germany, United Arab Emirates, New Zealand, Mexico, Australia, Turkey, Sweden, Ireland, Singapore